



CLUB NEWSLETTER

RANGE

We finally have snow on the range— **and need your help!**



We are having a Work Party this Sat. Nov 30 to:

“raise the targets “

Followed by a shooting practice.

Come anytime starting @ 9:00 am

Bring the following :Shovel, Skis, and season pass as the trails will hopefully be groomed



Logan Morton, Tobin Kerr, Jonathan Kerr, Angus Preston, Zach Mills

BC Talent Squad Camp

Youth coach Jonathan Kerr took 4 club athletes to an early talent camp on Nov 20 - 24, at the Sovereign Lake Nordic Club .

The primary objective of the Talent Squad is to: Prepare athletes to compete at BC Cups and to progress to the Development Squad; Provide an inclusive environment that adheres to True Sport Principles; Skill development and club coach development. The camp included 20 of the top biathletes in the province, and took advantage of some excellent snow conditions and early skiing at Sovereign Lake.

Highlights of the camp included all 4 boys shooting 15/ 20.

A 75 % consistent accuracy ! In the time trial event , Tobin finished in first place amongst the older U-17 Standing athletes.

The boys also got to meet VIBC Alumni Gavin Johnston, on the National Development Team , who is now training at Sovereign Lake .



How to View

IBU World Cup Kontiolahti, Finland

30 Nov- 8 Dec

The Schedule:

[https://
eurovisionsport.com/
mediacard/
EVS_241201_20241130IB
UKontiolahti_6_event](https://eurovisionsport.com/mediacard/EVS_241201_20241130IBUKontiolahti_6_event)

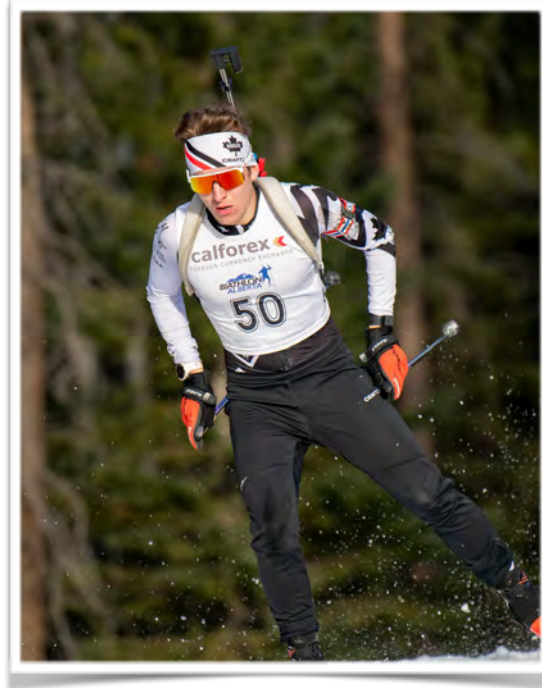
Watch the event Live or Taped on Eurovision Sport

Note: Eurovision signup is free! No credit card required

Sign up at :

[https://
eurovisionsport.com/
auth/signup](https://eurovisionsport.com/auth/signup)

Other News



Dan Gilfillan

A VIBC Competitive Youth Team Alumni will be racing for Canada at the **IBU Cup** races in Europe.

“Let’s Go! Couldn’t be more stoked to be selected to race for Canada again! A big step up this time as I’ll get my first ever opportunity at the IBU Cup and World Cup. It’s been a dream since the start of my sport career and I can’t thank my sponsors, supporters, coaches and teammates for pushing and helping me along the way to get me here. Time to give it everything.

Dan Gilfillan

Dan’s first race will be on the Mens 4 x 7.5 km relay team. at the **IBU World Cup** on Dec 01 at 04:45 .

Experience the first BMW IBU World Cup of the 2024 25 season at Kontiolahti , Finland on Eurovision Sport as the men’s teams go head- to- head in the 4 x 7.5 km Relay . With stamina and accuracy at a premium , each leg of this relay promises edge- of - your seat action .

Don’t miss it!



COACHING NEWS

Head Coach

Glenn Rupertus

If you managed to get in some roller skiing in this season - Kudos for you. I was able to log in over 1,300 km. It's a lot but looking forward to seeing white stuff beneath my feet.

Even with snow at the mountain, getting a day or two on the roller skis during the upcoming weeks will really make an impact on your first weeks on the snow. Just remember to take care to avoid injuries especially shoulder injuries from the impact on your shoulders from poling a hard surface.

With all this snow on the mountain, now is the time to dig out your skis, poles and boots and make sure you have it all ready for the coming season.

I would like to let you all in on one of my goals this season. The goal is for the Vancouver Island Biathlon Club to score the most points overall this winter. So I am asking all athletes to plan to race at least one BC Cup race this year !

I am looking forward to a great winter and a very fun ski with you all.

BC Cup #1 - Sovereign Lake Nordic Club

Deadline for sign-up for the first race of the season is Dec 01. Registration can be found at Zone 4

<https://zone4.ca/event/2024/M7dXaX/>

Confirmation List of Club members attending :

Jonathan Kerr
Tobin Kerr
Andrew Preston
Angus Preston
Max Sterelyukhin
Kai Rasmussen
Pamela Cecco

Blair Pettis
Michael Cullen
Logan Morton
Earl Morton (Coach)
Glenn Rupertus
Larry Cecco

The New Addition

No easy task !

Special thanks to Project Lead, Blair for making this happen.



Seacan Arrival



Site Preparation



Block Placement



Positioning the Seacan



Winter Wonderland