



# Vancouver Island Biathlon Club

## 2023 Club Race # 1

**Invited:** VIBC Program Participants and Members

**When:** Sunday, March 5, 2023

**Where:** Biathlon Range, Mount Washington, BC



**Race Format:** Individual

**Categories:** Novice Boys/Girls (age 9-10)

4 x 0.8 km, totaling 3.2 km, PPP  
**Black B course**

Juvenile Boys/Girls (age 11-12)

4 x 1.0 km, totaling 4.0 km, PPP  
**Brown B course**

Junior Boys/Girls (age 13-14)

4 x 1.3 km, totaling 5.2 km, PPP  
**Blue B course**

Senior Boys/Girls (age 15-16) \* *half carry*

5 x 1.5 km, totaling 7.5 km, PPS  
**Orange B course**

Youth/Junior/Open Women (age 17 to 35)

5 x 1.5 km, totaling 7.5 km, PPS  
**Orange B course**

<b>Youth/Junior/Open Men</b> (age 17 to 35)	5 x 1.5 km, totaling 7.5 km, PSPS <b>Orange B course</b>
<b>Masters Women</b> (age 35 to 49)	5 x 1.5 km, totaling 7.5 km, PSPS <b>Orange B course</b>
<b>Masters Men</b> (age 35 to 49)	5 x 1.5 km, totaling 7.5 km, PSPS <b>Orange B course</b>
<b>Masters Women</b> (age 50+)	5 x 1.5 km, totaling 7.5 km, PSPS <b>Orange B course</b>
<b>Masters Men</b> (age 50+)	5 x 1.5 km, totaling 7.5 km, PSPS <b>Orange B course</b>
<b>Masters Women</b> (age 60+)	5 x 1.2 km, totaling 6.0 km, PSPS <b>Blue B course</b>
<b>Masters Men</b> (age 60+)	5 x 1.2 km, totaling 6.0 km, PSPS <b>Blue B course</b>

- All of the course maps can be found on the [Races page](#) on our website (see Set B)
- *Adult athletes can choose a race distance that suits their skiing ability and goals.*
- *Masters athletes may choose to do a half-carry as well.*

#### Notes:

- P = Prone shooting
- S = Standing Shooting
- Penalties: 45 second time penalty loop for each missed shot (no penalties)
- Distances may be modified by race committee depending on conditions.
- It is recommended that racers have prior experience shooting in the standing position if they wish to compete in the Senior, Youth, Rec 1, Sport, Junior, Men/Women, Open Men/Women, and Masters categories.

#### Rifles:

- Club rifles will be available for race participants if you do not have your own.
  - *We will do our best to have athletes use the same (or similar rifle) during the race that they have been using during lessons this season, however, due to the large number of athletes participating in the race, this may not be possible.*
- Novices, Juveniles, and Junior Boys/Girls will have their rifles placed on the mat by their coaches and will shoot only in the prone position.
- \* Half Carry: Senior Boys/Girls participants will carry their rifles only on the range and shoot in the prone and standing positions.
- Youth and Adult men/women participants with PALs may carry their rifles.

**Rules:**

- The competition will be conducted in accordance with the current IBU Event and Competition Rules, the [Biathlon Canada Hosting Policy January 2020 V3](#) and the [Biathlon BC August 2022 Hosting Policy](#). The [Biathlon BC Firearms Safety Policy](#) and [Biathlon BC Wax Policy 2022](#) will also be in effect.

**Race Committee:**

- Competition Lead Glenn Rupertus
- Race Secretary Jonathan Kerr / Melissa O'Brien
- Timing Lead Rob Schnider
- Course Lead Blair Pettis / Michael Cullen
- Range Lead Timo Tikka
- Stadium Lead TBD
- Volunteer Coordinator Kathleen Robertson

**Schedule:**

8:00 - 9:30 Range and Course Setup

9:30 Range Recording Training for all parents and volunteers  
Race bib pickup  
Equipment Check open

**9:30 All youth athletes meet their coaches for a safety briefing & ski their course**

10:00 – 10:50 Zeroing (all athletes)

11:00 – 11:30 Individual Race # 1 (youth athletes)

11:30 – 12:00 Individual Race # 2 (youth athletes)

12:30 – 1:30 Individual Race # 3 (senior youth and masters athletes)

1:30 – 2:00 Cleanup

2:00 Awards Ceremony

**Parents and Family members:**

- Parents and family members are asked to help out with the race. (i.e. range setup, target setting, scoring targets, start/finish line, course checking, etc).
- No prior biathlon volunteer experience is necessary.

**Fees:**

VIBC Program Participants	Free
Members supplying their own rifle and ammunition	\$10
Members (VIBC <u>AND</u> Biathlon Canada)	\$20

## Registration:

- **Program Participants will automatically be entered in the race** (Biathlon Bears, Recreational Youth, Competitive Youth, and Adult Recreational Programs).
  - Please send an email to [secretaryvibc@gmail.com](mailto:secretaryvibc@gmail.com) by Wednesday, March 1<sup>st</sup> if you are **not** able to race.
- All other VIBC members (who are not in a program): Please email [secretaryvibc@gmail.com](mailto:secretaryvibc@gmail.com) if you would like to participate.
  - Deadline for entry is Wednesday, March 1st, 2023

Sincerely,

**Glenn Rupertus**

Competition Lead

[3olympics@gmail.com](mailto:3olympics@gmail.com)

[Vancouver Island Biathlon Club](#)

