



Odlum Brown BC Cup 1



ODLUM BROWN

Brent Poirier, CFA
Portfolio Manager

December 16th-18th, 2022

Mt Washington Nordic Site

INVITATION

Welcome Message from the Organizing Committee

Greetings Biathlon Friends:

The Vancouver Island Biathlon Club (VIBC) and the Comox Valley welcome you to the 1st Odlum Brown BC Cup for the 2022/23 season, to be held from December 16-18, 2022. Our Organizing Committee and volunteers have worked hard to help you enjoy your biathlon experience on Vancouver Island.

The Vancouver Island Biathlon Club is based in the beautiful Nordic ski area of Mt Washington Alpine Resort near Courtenay, B.C. Mt. Washington has over 55 km of undulating trails revealing spectacular views of Strathcona Provincial Park, the Strait of Georgia, and the Coast Mountains in the Sea to Sky Corridor. Official training will take place on Friday, December 16th. However, if you'd like to explore our expansive trail network earlier, you can contact Mt. Washington Alpine Resort to obtain trail passes. If you are keen to take in some unofficial training at our range, be sure to get in touch with us through our club email at vibiathlonclub@gmail.com

Over the years there have been several updates to the area to accommodate you better. Raven Lodge, our Nordic Centre, has food and rentals available. Our range is also one of the largest fully-automated ranges in Canada, with 26 shooting lanes. We hosted several teams for the pre-Olympic training sessions in 2010, an IPC World Cup in 2007 and 2009 as well as a couple of BC winter Games back when I was starting in biathlon. We were very pleased to have hosted you for the BC Championships back in 2020 and are looking forward to hosting Odlum Brown BC Cup 1 this season.

The Organizing Committee, volunteers, and families wish you the best of luck during this exciting weekend.

Sincerely,

Philip Douglas

Competition Lead

[Vancouver Island Biathlon Club](#)



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COMPETITION VENUE:

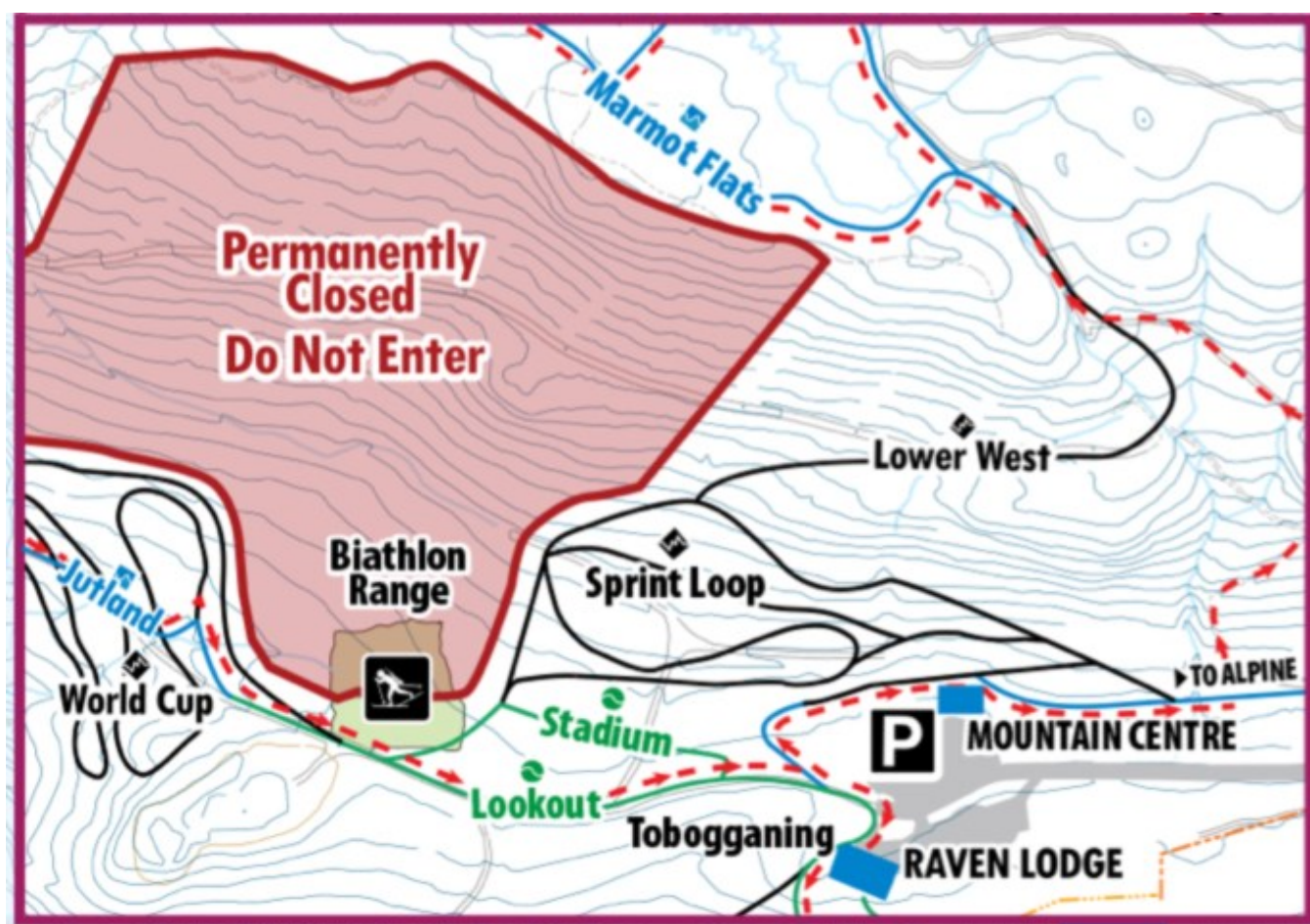
The event will be held at Vancouver island Biathlon Club's biathlon site which is 350 metres West of Raven Lodge at Mt Washington's Nordic Site. Raven Lodge is the Nordic ski lodge. Food and beverages can be purchased there and there is access to washrooms and showers. Ski rentals and waxing facilities are available and a retail shop for ski supplies, clothing and equipment.

On the opposite side of the parking lot is Vancouver Island Mountain Centre [VIMC](#)

Team Captains' meeting will be held online and a whatsapp link will connect you to the competition committee.

WEATHER INFORMATION: [SNOW FORECAST](#) [Mt WASHINGTON RESORT REPORT](#)

[NORDIC WEBCAM](#) [YR.NO](#)



GETTING THERE:

The venue is approximately a 40 minute drive from Comox Airport. There are shuttles available through [Ambassador Transport](#) For group transportation costs contact them directly.

Ferries arrive in Nanaimo at Departure Bay from Horseshoe Bay (90 minute drive) and Duke Point from Tsawwassen (100 minute drive) [BC FERRIES](#) Bus link [ISLAND LINK](#)

Accommodation:

Accommodation on the mountain books up early so don't delay! We have booked VIMC for the weekend. It is the closest and the recommended place to stay. The first 3 websites have places in the Nordic area, Slopeside is in the Alpine area, there are also some VRBO places

[Mile High Accommodations](#)

[Cona Getaways](#) info@conagetaways.com

[Slopeside Accommodations](#)

[Mt Washington Accommodations](#)

There is a store on the mountain but it has limited supplies so we suggest you purchase food before driving up the mountain.

In Courtenay: [The Westerly \(Best Western Hotel\)](#)

Book under "Vancouver Island Biathlon" prior to November 16th to get a reduced rate.

In Cumberland: [Riding Fool Hostel](#)

Competition Lead	Phil Douglas
Technical Delegate	Clayton Whitman
Range Lead	Carrie Johnston
Timing Lead	Rob Schnider
Course Lead	Guy Pepin
Stadium Lead	Rick Holmes
Competition Secretary	Cortnee Morgan
Volunteer Coordinator	Ang Nadler and Pat Douglas

REGISTRATION:

All registration will be done through [Zone 4](#) Registration will open **November 18th, 2022** and will close at **midnight December 9th, 2022**. Payment must be made by credit card.

ENTRY FEES:

\$40.00 per athlete per BC Cup competition

\$35.00 per athlete per competition in the U13 or Recreational categories

Anyone who is not competing as a Cadet and is not a member of Biathlon Canada must purchase a [Day Membership](#) for each day.

CADETS AT BIATHLON BC COMPETITION:

A Cadet competition will be offered at this event following the BC Cup categories. If the cadet participates in the Cadet competition class and is “under orders”, using a DND rifle, and supervised by their cadet unit then they do not need a Biathlon BC Membership. Cadets will follow document A-CR-CCP-178/PT-001 Canadian Cadet Organizations Biathlon Championship Series Event and Competition Rules 2021, with regards to Shooting Regulations

CANCELLATION POLICY:

There are no refunds if a competitor does not show up for the competition. Zone 4 processing fees will not be refunded for any reason. If a competitor withdraws at least one week prior to the event (by December 9th, 2022) they will be refunded less an administration fee of \$10 per Competition. If the event is cancelled one week ahead (before December 9th, 2022) then the registration fees will be refunded in full. If unforeseen circumstances cause cancellation closer to the event, the organizers may retain entry fees sufficient to ensure no loss against monies already spent.

RIFLE IMPORT REGULATIONS:

Teams and individual competitors from outside of Canada must declare their rifles at the Canadian border, complete the necessary documentation, and pay the required fees when bringing rifles and ammunition into Canada. All athletes must register their own rifles and pay the applicable fee. Refer to guidelines on the Canadian Government website at: www.cbsa-asfc.gc.ca/import/iefw-iefc-eng.html

RANGE POLICIES FOR VIBC RANGE: [Range Rules](#) [Range Policy](#)

Rifles are not encouraged in Raven Lodge. If they are taken inside they must remain locked and in a soft cover or hard case and not left unattended. If needed, there is a safe location inside the white seacan at the range to work on your rifles. Rifles in hard cases must be cased and uncased in the seacan in a safe manner or on the shooting mat.

TRAIL PASSES:

Will be included in the fees for Friday, Saturday, and Sunday only. Please let us know if you intend to ski Friday, so we know to have a pass for you; there will be a section for this to complete during registration. There will be a list of registrants at Raven Lodge, where your trail passes can be collected.

COURSE MAPS: [VIBC Maps](#)

EVENT CONTACTS:

Competition Lead —Phil Douglas 604-722-0566 vibiathlonclub@gmail.com

Competition Secretary—Cortnee Morgan 250-739-3703 cortnee.morgan@cadets.gc.ca

RULES:

The competition will be conducted in accordance with the current IBU Event and Competition Rules, the [Biathlon Canada Hosting Policy January 2020 V3](#) and the [Biathlon BC August 2022 Hosting Policy](#). The [Biathlon BC Firearms Safety Policy](#) and [Biathlon BC Wax Policy 2022](#) will also be in effect.

Any competitor carrying a .22 cal rifle must have a current PAL or Minor's carrying permit

ELIGIBILITY TO PARTICIPATE:

All registered members of Biathlon Canada, Cadets Canada, or US Biathlon are eligible to compete in the classes as stipulated in this invitation.

EVENT SCHEDULE:

Friday December 16th 1200 to 1500 **Mixed Training**

1700 **Team Captains' meeting online via Zoom**

Saturday December 17th **Individual** *-Short format Individual for Open Men/Women*

0800 **Range and Course Setup**

0900 **Bib Pick up** in the Biathlon Hut

0945 **Equipment Check opens**

1000 **Range open for Zero, all BC Cup athletes**

1050 **Range Closed, Half-carry rifles on racks, Equipment check closes**

1051 **Opening Ceremony and National Anthem**

1100 **Competition Start (estimated completion time 1245)**

1300 **Range open for Zero, U13 and Recreational**

1350 **Range Closed**

1400 **U13 and Recreational competitions Modified Patrol and Team Challenge**

1500 **U13 and Recreational competitions Complete**

1600 **Range closed**

Sunday December 18th **Mass Start** *Start list based on previous day's ski speeds*

0730 **Range and Course Setup**

0815 **Bib Pick up** in the Biathlon Hut

0845 **Equipment check opens**

0900 **Range open for Zero, all athletes**

0950 **Range Closed, Half-carry rifles on racks, Equipment check closes**

1000 **Mass Starts Begin**

1145 **U13 Relay**

1215 **Estimated end of competition**

Award Ceremony following the last Competition

Classes of Competition

<p>Athletes will compete on the following courses:</p> <p>3 km Yellow Circle 1.2 km Blue Square</p> <p>2.5 km Green Clover 1.0 km Brown Triangle</p> <p>2 km Red Diamond 0.08 km Black Star</p> <p>1.5 km Orange Cross</p>	<p>All Categories have 45 second time penalty in Individual Competition except Jr Men/Wmn who have 60 seconds.</p> <p>All categories use 100 metre penalty loop except for Yth, Jr, Men/Wmn who use 150 metre penalty loop for missed</p>
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Category	Age	INDIVIDUAL <i>Short format Open Men and Women</i> Distance—Shooting	MASS START Distance—Shooting
Jr Boys	13-14	6 km PPP Orange	6 km PPP Orange
Jr Girls	13-14	6 km PPP Orange	6 km PPP Orange
Sr Boys	15-16	7.5km PSPS Orange (half carry)	7.5 km PPSS Orange (half carry)
Sr Girls	15-16	7.5km PSPS Orange (half carry)	7.5 km PPSS Orange (half carry)
Yth Men	17-18	12.5 km PSPS Green (carry rifle)	10 km PPSS Red (carry rifle)
Yth Women	17-18	10 km PSPS Red (carry rifle)	7.5 km PPSS Orange (carry rifle)
Sport Men	17+	10 km PSPS Red (carry rifle)	7.5 km PPSS Orange (carry rifle)
Sport Women	17+	7.5 km PSPS Orange (carry rifle)	7.5 km PPSS Orange (carry rifle)
Jr Men	19-21	15 km PSPS Yellow (carry rifle)	12.5 km PPSS Green (carry rifle)
Jr Women	19-21	12.5 km PSPS Green (carry rifle)	10 km PPSS Red (carry rifle)
Men	22+	15 km PSPS Yellow (carry rifle)	15 km PPSS Yellow (carry rifle)
Women	22+	12.5 km PSPS Green (carry rifle)	12.5 km PPSS Green (carry rifle)
Masters Men	35+	10 km PSPS Red (carry rifle)	7.5 km PPSS Orange (carry rifle)
Masters Women	35+	7.5 km PSPS Orange (carry rifle)	7.5 km PPSS Orange (carry rifle)
Masters Men	50+	10 km PSPS Red (carry rifle)	7.5 km PPSS Orange (carry rifle)
Masters Women	50+	7.5 km PSPS Orange (carry rifle)	7.5 km PPSS Orange (carry rifle)
		Modified Patrol	Relay
U13/Recreational	Open	1.6 km PP Black	3 km PP Brown