



# Vancouver Island Biathlon Club

## Summer Biathlon Race #1



**When:** Sunday, July 10th, 2022

**Where:** Biathlon Range, Mt. Washington, BC

**Rules:** Athletes may choose to mountain bike or run.  
Mountain Bike and Helmet required for those choosing to ride.  
Penalty loop for every target missed (approx. 100m)

**Event:** **Mass Start A**

Novices (age 9-10)	4 x 700m, totaling 2.8 km, PPP
*Novice participants must have already participated in the Bears program	
Juveniles (age 11-12)	4 x 1.2km, totaling 4.8 km, PPP
Juniors (age 13-14)	4 x 1.2km, totaling 4.8 km, PPP

**Mass Start B**

Recreational Men & Women (age 15+)	5 x 1.2 km, totaling 6.0 km, PPPP
Seniors (age 15-16)	5 x 1.2 km, totaling 6.0 km, PPSS
Masters Men & Women	5 x 1.2 km, totaling 6.0 km, PPSS

(distances may be modified by race committee depending on conditions)

\*Note: P = Prone shooting, S = Standing Shooting

It is recommended that racers have prior experience shooting in the standing position if they wish to compete in the Senior Boys/Girls, Youth Men/Women, or Masters category.

<b>Schedule:</b>	9:00 am	Coaches/Officials Meeting
	9:30 am	Range & Course set up
	10:00 am	Volunteer training
	10:15 am	Safety training for Novices, Juveniles & Juniors
	10:30 am	Range open for zeroing for Novices, Juveniles & Juniors
	11:00 am	<b>Mass Start A</b>
	11:45 am	Safety training for Recreational, Senior Boys/Girls, Youth Men/Women, and Masters
	11:45 am	Range open for zeroing for Recreational, Seniors Boys/Girls, Youth Men/Women, and Masters
	12:15 am	Range and Course closed
	12:20 am	<b>Mass Start B</b>

\*Note: Depending on number of participants, Mass Start B participants may be divided into 2 groups, with a Mass Start C start time of 1:00pm

<b>Fees:</b>	Members (VIBC <u>AND</u> Biathlon Canada) with own rifle or seasonal rifle rental	\$ 0
	Members (VIBC <u>AND</u> Biathlon Canada) needing to rent a rifle for the race	\$ 10
	Non-Members (includes race, rifle rental, liability insurance)	\$ 25
	<i>(Ammunition costs not included in race fees but can be purchased at event.)</i>	

**Rifles:** Club rifles will be available for race participants if you do not have your own. All athletes will leave their rifles placed on the mat for this race.

**Officials:** NO EXPERIENCE NECESSARY!  
We require LOTS of help with the race.  
(ie: target setting, scoring targets, start/finish, penalty loop, course checking, etc).  
Your help would be really appreciated, and we can make sure you're in a prime spot to watch the race!  
Contact [vibiathlonclub@gmail.com](mailto:vibiathlonclub@gmail.com) if you are available to help

**Registration:** Registration form on Page 3 of the Race Notice  
**Deadline for entry: Thursday, July 7th, 10pm**



# VIBC Mountain Bike Race #1

## July 10, 2022

### Registration Form

(Please Print Clearly)

<b>Name</b>			
<b>Email</b>			
<b>Telephone</b>			
<b>Address</b>			
<b>Category</b> Please circle	Novice (9-10)	Juvenile (11-12)	Junior (13-14)
	Recreational (15+)	Senior (15-16)	Masters
<b>Gender</b> <i>(Please circle)</i>	Male	Female	
<b>Date of Birth</b> <i>DD/MM/YYYY</i>	Your age as of December 31, 2022 = _____		
<b>Race Fee</b> Please circle fee amount owing	Member (VIBC <u>AND</u> Biathlon Canada) with own rifle or seasonal rifle rental BIBC # =		\$ 0
	Member (VIBC <u>AND</u> Biathlon Canada) needing to rent a rifle for the race. BIBC # =		\$ 10
	Non-Member (includes race, rifle rental, liability insurance)		\$25

Email completed form to [vibiathlonclub@gmail.com](mailto:vibiathlonclub@gmail.com)  
 Payment by cash (or cheque to VIBC) at the camp, or by e-transfer to  
[treasurervibc@gmail.com](mailto:treasurervibc@gmail.com) *(please indicate the participant's name(s) in the e-transfer)*

**Please note, the deadline for entry is Thursday July 7th, 2022, 10pm**