



# BIATHLON BC CHAMPIONSHIPS

## BC CUP 4

FEB 29—MAR 1, 2020

Mt Washington Nordic Site

# INVITATION



COASTAL COMMUNITY  
CREDIT UNION

TOGETHER, LET'S DO GREAT THINGS

CLIF BAR & COMPANY



seaspan  
FERRIES

# Welcome Message from the Organizing Committee

Greetings Biathlon Friends:

The Vancouver Island Biathlon Club (VIBC) and the Comox Valley warmly welcome you to the British Columbia Biathlon Championships, to be held from February 28 to March 1, 2020. Our Organizing Committee and volunteers have worked hard to ensure your biathlon experience on Vancouver Island is one you will never forget.

The Vancouver Island Biathlon Club is based in the beautiful Nordic ski area of Mt Washington Alpine Resort near Courtenay, B.C. Mt. Washington has over 55 km of undulating trails revealing spectacular views of Strathcona Provincial Park, the Strait of Georgia, and the Coast Mountains in the Sea to Sky Corridor. Official training will take place on Friday, February 28. However, if you'd like to explore our expansive trail network earlier, you can contact Mt. Washington Alpine Resort to obtain trail passes. If you are keen to take in some unofficial training at our range, be sure to get in touch with us through our club email at [vibiathlonclub@gmail.com](mailto:vibiathlonclub@gmail.com)

Over the years there have been several updates to the area to accommodate you better. Raven Lodge, our Nordic Centre, will host a hearty banquet for us and the Vancouver Island Mountain Centre is the closest accommodation to the range, complete with full kitchen and gym. Our range is also one of the largest fully-automated ranges in Canada, with 26 shooting lanes. We hosted several teams for the pre-Olympic training sessions in 2010, an IPC World Cup in 2007 and 2009 as well as a couple of BC winter Games back when I was starting in biathlon. This year, the provincial championships will be an Individual Competition on the first day as well as an exciting Mass Start on the second day.

The Organizing Committee, volunteers, and families wish you the best of luck during this exciting weekend.

Sincerely,

**Philip Douglas**

Chief of Competition

[Vancouver Island Biathlon Club](http://vancouverislandbiathlonclub.com)



**CAMPBELL RIVER**

**G M A C**

Greg MacKenzie + Associates Consulting Ltd.



## COMPETITION VENUE:

The event will be held at Vancouver Island Biathlon Club's biathlon site which is 350 metres West of Raven Lodge at Mt Washington's Nordic Site. Raven Lodge is the Nordic ski lodge. Food and beverages can be purchased there and there is access to washrooms and showers. Ski rentals and waxing facilities are available and a retail shop for ski supplies, clothing and equipment.

On the opposite side of the parking lot is Vancouver Island Mountain Centre [VIMC](#)

Team Captains' meetings will be held there, upstairs in the Mt Albert Edward meeting room which is also the main lounge and dining area. It is a short distance to walk or ski in to the biathlon site.

**WEATHER INFORMATION:** [SNOW FORECAST](#)     [Mt WASHINGTON RESORT REPORT](#)



## GETTING THERE:

The venue is approximately a 40 minute drive from Comox Airport. There are shuttles available through [Ambassador Transport](#) For group transportation costs contact them directly.

Ferries arrive in Nanaimo at Departure Bay from Horseshoe Bay (90 minute drive) and Duke Point from Tsawwassen (100 minute drive) [BC FERRIES](#)     Bus link [ISLAND LINK](#)

## Accommodation:

Accommodation on the mountain books up early so don't delay! We have booked VIMC for the weekend. It is the closest and the recommended place to stay. The first 3 websites have places in the Nordic area, Slopeside is in the Alpine area, there are also some VRBO places

[Vancouver Island Mountain Centre](#) info@vimountaincentre.com

[Cona Getaways](#) info@conagetaways.com

[Klahanie Vacations](#) info@klahanievacations.com

[Slopeside Accommodations](#)

There is a store on the mountain but it has limited supplies so we suggest you purchase food before driving up the mountain.

**In Cumberland:** [Riding Fool Hostel](#)

Hotels are also available in **Courtenay**

## TECHNICAL APPOINTMENTS:

Competition Chief	Phil Douglas
Technical Delegate	Sheldon Clare
Chief of Range	Joe Bajan
Chief of Timing	Carrie Johnston
Chief of Course	Len Apedaile
Chief of Stadium	Alex Gauld
Competition Secretary	Fran Chiste
Volunteer Coordinator	Rick Holmes

## **REGISTRATION:**

All registration will be done through [Zone 4](#) Registration will open **Jan 24, 2020** and will close at **midnight Feb 22, 2020** Payment must be made by credit card.

## **ENTRY FEES:**

\$40.00 per athlete per competition in Junior B/G and older

\$35.00 per athlete per competition in Juvenile or Novice categories

Anyone who is not competing as a Cadet and is not a member of Biathlon Canada must purchase a

[Day Membership](#) for each day.

## **CADETS AT BIATHLON BC COMPETITION:**

Cadets are welcome to participate in BC Cups. If the cadet participates in the Cadet competition class and is “under orders”, using a DND rifle, and supervised by his/her cadet unit then he/she does not need a Biathlon BC Membership. Cadets will follow document A-CR-CCP-178/PT-001 Canadian Cadet Organizations Biathlon Championship Series Sept 2018, with regards to Shooting Regulations

## **CANCELLATION POLICY:**

There are no refunds if a competitor does not show up for the competition. Zone 4 processing fees will not be refunded for any reason. If a competitor withdraws at least one week prior to the event (by Feb 21, 2020) they will be refunded less an administration fee of \$10 per Competition. If the event is cancelled one week ahead (before Feb 22, 2020) then the registration fees will be refunded in full. If unforeseen circumstances cause cancellation closer to the event, the organizers may retain entry fees sufficient to ensure no loss against monies already spent.

## **RIFLE IMPORT REGULATIONS:**

Teams and individual competitors from outside of Canada must declare their rifles at the Canadian border, complete the necessary documentation, and pay the required fees when bringing rifles and ammunition into Canada. All athletes must register their own rifles and pay the applicable fee. Refer to guidelines on the Canadian Government website at: [www.cbsa-asfc.gc.ca/import/iefw-iefc-eng.html](http://www.cbsa-asfc.gc.ca/import/iefw-iefc-eng.html)

**RANGE POLICIES FOR VIBC RANGE:**    [Range Rules](#)                      [Range Policy](#)

Rifles are not encouraged in Raven Lodge. If they are taken inside they must remain locked and in a soft cover or hard case and not left unattended. If needed, there is a safe location inside the white seacan at the range to work on your rifles. Rifles in hard cases must be cased and uncased in the seacan in a safe manner or on the shooting mat.

**TRAIL PASSES:**

Will be included in the fees for Saturday and Sunday only. If you wish to purchase a pass for training on Friday, they are available at Raven Lodge. We have arranged a group rate of \$19 (age 18 –64), \$13 (age 13-17, 65+) \$9 (age 7-12) There will be a list of registrants at Raven Lodge where tickets are purchased. Please ask for VIBC group discount.

**COURSE MAPS:** [VIBC Maps](#)

**BANQUET:**

There will be a catered banquet at Raven Lodge on Saturday at 1730 hrs followed by an award ceremony. Meal tickets must be purchased ahead of time on Zone4 at \$20 per adult and \$15 for those age 12 and under

**EVENT CONTACTS:**

Chief of Competition—Phil Douglas 604-722-0566 [vibiathlonclub@gmail.com](mailto:vibiathlonclub@gmail.com)

Competition Secretary—Fran Chiste 250-731-4379 [secretaryvibc@gmail.com](mailto:secretaryvibc@gmail.com)

**RULES:**

The competition will be conducted in accordance with the current IBU Event and Competition Rules, the Biathlon Canada Hosting Policy Oct 2019 and the Biathlon BC October 2019 Hosting Policy.

Any competitor carrying a .22 cal rifle must have a current PAL or Minor's carrying permit

**ELIGIBILITY TO PARTICIPATE:**

All registered members of Biathlon Canada, Cadets Canada, or US Biathlon are eligible to compete in the classes as stipulated in this invitation.

## EVENT SCHEDULE:

- Friday Feb 28      1200 to 1500 **Mixed Training**  
1530 **Team Captains' meeting** at Vancouver Island Mountain Centre
- Saturday Feb 29    **Individual**—*Short format Individual for Open Men/Women*  
0800 **Range and Course Setup**  
0900 **Bib Pick up** in the Biathlon Hut  
0945 **Equipment Check opens**  
1000 **Range open for Zero, all athletes**  
1050 **Range Closed, Half-carry rifles on pick-up racks,**  
                  **Equipment check closes**  
1051 **Opening Ceremony and National Anthem**  
1100 **Competition Start**  
1730 **Banquet** at Raven Lodge followed by **Awards Ceremony**
- Sunday Mar 1      **Mass Start**    *Start list based on previous day's results*  
0730 **Range and Course Setup**  
0815 **Bib Pick up** in the Biathlon Hut  
0845 **Equipment check opens**  
0900 **Range open for Zero, all athletes**  
0950 **Range Closed, Half-carry rifles on pick-up racks,**  
                  **Equipment check closes**  
1000 **Mass Start Heat 1A (Jr Boys/Girls, Cadet Jrs)** *categories may change*  
                  *depending on registration*  
1005 **Mass Start 1B (Juv Boys/Girls, Novice Boys/Girls, Rec 2)**  
1045 **Mass Start 2A (Sr Boys, Cadet Sr Boys)**  
1050 **Mass Start 2B (Sr Girls, Rec 1, Cadet Sr Girls)**  
1145 **Mass Start 3A (Open Men/Wmn, Yth Men/Wmn, Cadet Yth)**  
1150 **Mass Start 3B (Masters and Sport categories)**  
**Award Ceremony following the last Competition**

# Classes of Competition

Athletes will compete on the following courses:

3 km **Yellow Circle** 1.2 km **Blue Square**  
 2.5 km **Green Clover** 1.0 km **Brown Triangle**  
 2 km **Red Diamond** 0.08 km **Black Star**  
 1.5 km **Orange Cross**

All Categories have 45 second time penalty in Individual Competition except Jr Men/Wmn who have 60 seconds.

All categories use 100 metre penalty loop except for Yth, Jr, Men/Wmn who use 150 metre penalty loop for missed shots in Mass Start.

Category	Age	INDIVIDUAL <i>Short format Open Men and Women</i> Distance—Shooting	MASS START Distance—Shooting
Novice Boys/Girls	8-10	3 km PPP <b>Black</b> <i>With Rest</i>	3 km PPP <b>Black</b> <i>With Rest</i>
Juv Boys/Girls	11-12	4 km PPP <b>Brown</b> <i>With Rest</i>	4 km PPP <b>Brown</b> <i>With Rest</i>
Jr Boys	13-14	6 km PPP <b>Orange</b>	5 km PPP <b>Blue</b>
Jr Girls	13-14	6 km PPP <b>Orange</b>	5 km PPP <b>Blue</b>
Sr Boys	15-16	7.5km PSPS <b>Orange</b> (half carry)	7.5 km PPSS <b>Orange</b> (half carry)
Sr Girls	15-16	7.5km PSPS <b>Orange</b> (half carry)	7.5 km PPSS <b>Orange</b> (half carry)
Rec 1	15+	7.5km PSPS <b>Orange</b> (half carry)	7.5 km PPSS <b>Orange</b> (half carry)
Rec 2	Any age	4 km PPP <b>Brown</b> <i>With Rest</i>	4 km PPP <b>Brown</b> <i>With Rest</i>
Yth Men	17-18	12.5 km PSPS <b>Green</b> (carry rifle)	10 km PPSS <b>Red</b> (carry rifle)
Yth Women	17-18	10 km PSPS <b>Red</b> (carry rifle)	7.5 km PPSS <b>Orange</b> (carry rifle)
Sport Men	17+	10 km PSPS <b>Red</b> (carry rifle)	7.5 km PPSS <b>Orange</b> (carry rifle)
Sport Women	17+	7.5 km PSPS <b>Orange</b> (carry rifle)	7.5 km PPSS <b>Orange</b> (carry rifle)
Jr Men	19-21	15 km PSPS <b>Yellow</b> (carry rifle)	12.5 km PPSS <b>Green</b> (carry rifle)
Jr Women	19-21	12.5 km PSPS <b>Green</b> (carry rifle)	10 km PPSS <b>Red</b> (carry rifle)
Men	22+	15 km PSPS <b>Yellow</b> (carry rifle)	15 km PPSS <b>Yellow</b> (carry rifle)
Women	22+	12.5 km PSPS <b>Green</b> (carry rifle)	12.5 km PPSS <b>Green</b> (carry rifle)
Masters Men	35+	10 km PSPS <b>Red</b> (carry rifle)	7.5 km PPSS <b>Orange</b> (carry rifle)
Masters Women	35+	7.5 km PSPS <b>Orange</b> (carry rifle)	7.5 km PPSS <b>Orange</b> (carry rifle)
Masters Men	50+	10 km PSPS <b>Red</b> (carry rifle)	7.5 km PPSS <b>Orange</b> (carry rifle)
Masters Women	50+	7.5 km PSPS <b>Orange</b> (carry rifle)	7.5 km PPSS <b>Orange</b> (carry rifle)
Cadet Jr	13-14	6 km PPP <b>Orange</b>	5 km PPP <b>Blue</b>
Cadet Sr	15-16	7.5 km PSPS <b>Orange</b>	7.5 km PPSS <b>Orange</b>
Cadet Yth Men	17-18	12.5 km PSPS <b>Green</b>	10 km PPSS <b>Red</b>
Cadet Yth Wmn	17-18	10 km PSPS <b>Red</b>	7.5 km PPSS <b>Orange</b>